

# Meal Prep Recipe Card

Printable starter template from Recipe Saver AI

**Recipe name**

**Servings**

**Source**

**Ingredients**

---

---

---

---

---

---

---

---

---

---

**Instructions**

- 1.
- 2.
- 3.
- 4.
- 5.
- 6.
- 7.

**Notes**